Parenting Wisely Course



Parenting Wisely is a free course about managing the behaviour of elementary school children. Topics include waiting patiently until conversations or phone calls are over, morning and bedtime routines, cooperating with friends and siblings, behaving in public and schoolwork challenges. Two Parenting Wisely courses are being presented by Stan Simister and Porter Street Elementary School.

One course starts **Tuesday January 22, 2019, from 9:30am to 11:30am**. This course will run for 7 consecutive Tuesdays and ends on March 5, 2019. A second course starts **Wednesday January 23, 2019, from 9:30am to 11:30am**. This course will run for 7 consecutive Wednesdays and ends on March 6, 2019.

Both courses will be held at **Porter Street Elementary School**, 728 Porter St., Coquitlam. You need to attend the first class to take either course. **Please register with the school, between Monday January 7, 2019 and Friday January 18, 2019 at telephone** # **604-936-4296.** If you are unable to attend the first class you will not be able to take these courses, but you are welcome to register for the Parenting Wisely courses that will be offered again in April of 2019.

Please sign in with the school office prior to going to the multipurpose room to attend the course. Participants with children under age 5 will need to make their own child minding arrangements.

Stan Simister, M.A., R.Psych. #1584, Social Development Centre, Child and Youth Mental Health Services, 300-3003 St. Johns St., Coquitlam, B.C. V3B 1L6 Tel. (604) 469-7608